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Payment and Attendance Policy for DBT Teen Group

- The group is \$50 per session. I do accept Blue Cross/Blue Shield PPO, and can provide receipts for out-of-network reimbursement from other insurance companies.
- A verbal commitment from the teen and family for the first 6 weeks is required for participation.
- The entirety of DBT skills will be presented in four six-week modules over the course of six months; thus, a commitment of six months is recommended for significant skill-building and change to take place, and to “graduate” from the program.
- \$150 is required to reserve your teen’s spot in group; this will be applied to the first 3 sessions.
- Regular attendance is crucial for your teen to feel a sense of belonging and commitment to the group and group process. Also, once you have committed, a slot is reserved for your teen in group, which cannot be filled even if your teen misses a session. For these reasons, **payment is expected for each session, regardless of if your teen attends or misses.**
- If your teen misses more than 5 sessions during the 6 months, they are considered to have dropped out of group. You can re-apply one complete module after being out of group.
- If your teen is more than 15 minutes late, they will be allowed in but will be considered absent.

Printed Name of Teen Client

Signature of Parent/Guardian

Printed Name Parent/Guardian

Date

Therapist

Date